

Study Guide for Chapters 11-17

Chapter 11

Entry markers into early adulthood

Obesity in Adults

-optimum exercise for American adults

Binge Drinking

-problems

-# of drinks required

What type of drug is Nicotine?

Withdrawal, tolerance, and addiction

-Models of addiction

-effect dose

-toxic dose

-lethal dose

Date rape- # of college men that admit forcing a woman into a sexual act

Amount of time in the working world as an Adult

Chapter 12

Consensual validation

Importance of physical attractiveness

Matching Hypothesis

Differences in Friendship

Types of love

-romantic

-affectionate

-consummate

Erik Erikson's stage for early adulthood

Sternberg's triangular theory

Advantages and disadvantages of Singleness

Divorce and most common range in years of marriage for divorce

Remarriage after divorce

Chapter 13

Population above 65

Middle age begins when?

Influences in Middle age

Sexist double standard on aging

Chronic disorders in Middle age

Type A & B Personality

Positive aspects of Marriage

Menopause in Men and Women

Sexual Dysfunction

Intelligence
Fluid
Crystallized
Reaction Time
Spirituality

Chapter 14

Erikson's stage for middle age
Midlife Crisis
Daily Hassles and Stress
Cohort effects
Social clocks
Big FIVE personality traits
Personality development
Divorce in middle age
Empty nest syndrome

Chapter 15

Longevity
Oldest-old characteristics
Cellular clock
Nutrition and exercise
Vision and hearing
Substance abuse
Chronic disorders
Osteoporosis
Types of Attention
Types of Memory
Self-fulfilling prophecy
Work in Older Adulthood
Retirement
Depression and suicide in older adults
Alzheimer's disease

Chapter 16

Erik Erikson's last stage
Focus of older adults vs. oldest adults

Chapter 17

Definition of Brain dead
Living will or directives
Euthanasia
Passive
Active
Old adults major cause of death
Kubler-Ross Stages of Dying

Grief

Loss of spouse related to gender