# Requirements for Week 8

### **Required Readings**

- Read Chapters 9 and 10
- Any Notes Provided

## **Discussion 1**

In adolescence there are many physical changes occurring as the child transitions to this stage. Explain some of the physical changes and how hormones are related to these changes. Also examine the behaviors and problems that can affect health and growth in adolescence. As a parent, how would address these behaviors with your child?

### **Discussion 2**

Erikson and others state that adolescence is a time of self identity, which can be greatly affected by social interaction. Describe the research on self identity and how peers influence this development. What are some of the positive and negative associated with peer groups? What type of interventions do you think would be helpful in reducing delinquent and suicidal behavior in teens?

# **Quiz Chapter 10**